

**What you can do if you are being harassed or bullied:**

Act confident, look the person in the eye and use an 'I statement'.

Ignore or move away.

Find a friend to play with.

**If it does not stop:**

Talk to your teacher

Explain what is happening

The teacher will support you to stop the bullying.

**If it still does not stop:**

Talk to your teacher again

Go to the Principal/Deputy Principal/  
Assistant Principal with your teacher.

The Leadership Team can support you to stop the bullying.

**VISUAL REMINDERS FOR STUDENTS**



(Years Reception to Year 3 use the HAND poster)

**S**ay

**A**ct

**F**riend

**E**xtra support

(Years Four to Seven use the SAFE anagram)

**What you can do if you see others being harassed or bullied**

**You can:**

Tell the person to stop  
(If you feel safe to do so)

**OR**

Report the incident to a teacher immediately.

**Resources Used**

Bounce Back: A classroom resiliency Program (H McGrath/ T Noble 2006)

St Francis of Assisi Pastoral Care Policy

CEO Policy for the Development of Personal Responsibility

Reducing Bullying in Schools (K Rigby 2003)



St Francis of Assisi  
CATHOLIC COMMUNITY

**Conflict Resolution Policy**

**(including Bullying and Harassment)**

**2018**

**(Reviewed 2017)**



# Our Vision

Inspired by Hope  
Empowered by Curiosity

St Francis of Assisi School  
is a pastorally caring  
community.

A community in which we are  
called to

'Love one another,  
as I have loved you'

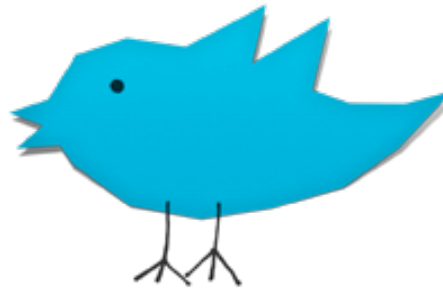
John 13:36

## RIGHTS

At St Francis of Assisi School we believe that each person is created in the Image of God. Our words and actions should always uphold the dignity of others and self. Every person has the right to be safe and free from bullying and harassment.

## RESPONSIBILITIES

We have core values which guide us in the way we expect people to treat each other in the St Francis of Assisi School Community.



Friendliness/Fraternity  
Respect  
AN acceptance/appreciation  
of difference  
Co-operation  
Integrity  
Support

## What is Harassment and Bullying?

Harassment is any behaviour which is unwelcome and causes the targeted person to feel uncomfortable fearful or both. It will usually be repeated behaviour but can also consist of a single act.

Bullying is a regular pattern of aggression which is directed towards someone on a regular basis. The intention is to harm or distress the targeted person. Harassment/Bullying includes:

- Physical (i.e. pushing, kicking)
- Damage to personal property or violation of privacy
- Name calling, verbal insults (i.e. racist comments)
- Nonverbal putdowns such as finger signs, rolling eyes, continually staring, laughing at comments or mistakes
- Practical jokes where the victim is humiliated
- Insulting emails or phone calls, msn, facebook, or other forms of electronic communication
- Spreading rumours / unfair blaming
- Deliberate social exclusion
- Standover behaviour i.e. threats of retaliation if students do not behave in certain ways or hand over money etc
- Forming a group against someone, or persuading them to exclude someone
- Unwanted touch or sexual remarks or intrusions into one's personal life
- Witnessing bullying and harassment and not telling someone.